

NLP ( Neuro mean mind, linguistic means language and programming is sequential activity ) for unlimited uses

Dr P T Sunderam NLP Guru of India



Hi friends, welcome

( download this eBook and book a free coaching session with in next 24 hrs for 1<sup>st</sup> three clients send the filled in form to avail the session )

I call NLP as a mind manual, to simplify it when u purchase any electronic gadget ,we also get a user manual which talks of the dos and don'ts of the gadgets.

The pioneers wanted to do research on how people are becoming successful? Then narrowed on thinking styles of the brain at conscious level and subconscious levels of mind programming .they become master of mind programming. They termed it as NLP

For lot of years this high paying profession was taught only to FBI and detectives after the break down of KGB ( Russian spying agency) the knowledge came to general public.

It was developed in 1970s but came to India in1997 after a gap of 25 years. The author was in India's first NLP batch from the pioneer Dr Bandler.

There where 100 nlp students who participated but only few are successful. Dr P T sunderam has spent approximately rs 2laks for learning NLP form different NLP trainers before 2001

NLP is a practitioners programme which is full of practical experience ial exercise. This is not taught in academic classes. nor it can be learned through books

NLP is very useful for changing our thinking pattern, it is still the highest costly program. In India the minimum programs cost from Rs 20 k to Rs 1lakh , if u want to attend Dr Richardandler program it cost Rs 2laks to Rs5laks

After attending nlp training program i applied it on myself on my nlp group for a period of 2 years.

I applied in psychological clinic with powerful results when it took 20session in other forms of counselling NLP take only one session.

I applied NLP for prisoners of central jail inmates and produce wonderful results.

I got a PhD for my thesis work in NLP

I applied and produced successful results for various mind problems. For concentration improvement of students, for memory improvement, for suicidal tendencies, for anger management, removing fear, heights phobia, for gutka abdication, for smoking, for weight loss, for de-addiction, for pre marriage counselling, couples counselling, performance improvement in organisation, team building, improving inter personal relationship, for leadership training, managerial excellence, for mentoring executives

After working , for more that 2 decades of NLP to society with the motto “Eat NLP sleep NLP and Drink NLP “ i can say NLP from recruitment to retirement in corporate scoter

From self improvement to spiritual improvement

From womb training to tomb training

All the areas of NLP application are coming from my 25 years Training experience with the youth of the society

You can see a lot of cases in my [you tube](#) and [podcasts](#) cases

To give you an idea the width and depth of nlp application i have mentioned a few

## 100 ways of using NLP

- 1 Train the trainers course
- 2 Training managers
- 3 Training teachers
- 4 Training entrepreneurs
- 5 NLP for counselling
- 6 NLP for coaching
- 7 NLP for therapy
- 8 NLP for mentoring
- 9 NLP for sales
- 10 NLP for parenting
- 11 NLP for couples
- 12 NLP for pre marriage couples
- 13 NLP for psychometric
- 14 NLP for employee counselling
- 15 NLP practitioner course
- 16 NLP master practitioner course
- 17 NLP for trainers
- 18 NLP for child development
- 19 NLP for womb training
- 20 NLP happy for mothers
- 21 NLP for money

- 22 NLP for health
- 23 NLP for rituals
- 24 NLP certificate course for counselling students
- 25 NLP for diet
- 26 NLP for self development
- 27 NLP and Seven Habits
- 28 NLP for mind management mind Store
- 29 NLP for career guidance
- 30 NLP DMIT
- 31 NLP for self therapy
- 32 NLP awaken the giant within you
- 33 NLP and emotional intelligence
- 34 NLP and enneagram
- 35 NLP for students
- 35 NLP for spirituality
- 36 NLP for adolescence
- 37 NLP for weight loss
- 38 nlp for negotiation skills
- 39 NLP for anti masturbation
- 40 NLP for quitting smoking
- 41 NLP for de addiction therapy (gutkuka)
- 42 NLP for concentration improvement
- 43 NLP for memory improvement
- 44 NLP for mother in laws
- 45 NLP for daughter in law

- 46 NLP for quitting nail biting
- 47 NLP for quitting compulsions
- 48 NLP for HR managers
- 49 NLP for HRD managers
- 50 NLP for Police Academy
- 51 NLP the subconscious mind management
- 51 NLP for sportsmen
- 52 NLP for personality assessment (V a k DM it)
- 53 NLP for removing fears
- 54 NLP for managing psychosomatic diseases
- 55 NLP for stress management
- 56 NLP for communication management
- 57 NLP for modelling behaviours
- 58 NLP for unclutching habits
- 59 NLP for clearing past emotional baggage
- 60 NLP for facing interviews
- 62 NLP for blind spot management (jo -hari window)
- 63 NLP for anxiety management
- 64 NLP for anger management
- 65 NLP for mind States management
- 66 NLP for how to take more from sex
- 67 NLP and past life therapy (TLT)
- 68 NLP for SR citizen (retired personnel)
- 69 NLP for rapport building
- 70 NLP for public speaking

71 NLP for leadership

72 NLP for podcasting

73 NLP through you tube

74 NLP through instagram

75 NLP through whats app

76 NLP through skype

77 NLP for psychologists

78 nlp for hypno therapist

79 nlp for personality development

80 NLP for over come negative thinking

81 nlp for improving students concentration

82 NLP for removing anxiety

83 nlp for anger management

84 nlp for managing my spouse

85 nlp for performance improvement

86 nlp for managing my boss

88 nlp for subordinate development

89 nlp for developing my creativity

90 Nlp for public speaking

91 NLP for performance improvement

99 nlp for parenting

91 NLP for goal setting

92 NLP for managing my money

93 nlp for developing coaching skills

94 Nlp for doctors

95 nlp for engineers

96 nlp for lawyers

97 nlp for corporate trainings

98 nlp for English teachers

99 nlp for psychologists

100 nlp for self improvement

BONUS

101 nlp for executive coaching

102 nlp for high performance coaching

103 NLP for parenting

## Coaching Testimonials from my clients

Visited for performance coaching

Im 32 year young excutive of MNc company Had some better experience after having NLP coaching with Dr sunderam. He's really friendly and helpful to hear out my issues. His approach of mailing the question was satisfying. Even while payment through online banking,I made a mistake and sent extra money to his account once I noticed and intimated about this he politely asked and returned the excess money to my account within a day. I recommend him for having a counseling session for your issues.

Mrs sneha

Visited for relationship coaching

I am software engineer, 34 years old. I located doctor through internet for my relationship problems. I talked to him over phone, he asked me to do some assignments and came to his clinic. I learnt NLP and the following things after coaching session,

Update and educate myself.

I am sensitive person, all my problems are because of being sensitive.

I am planning for further training sessions.

Mr prabahakar

### **Visited For executive coaching**

I recommend the doctor

Happy with: Doctor friendliness Explanation of the emotional issue

I am 42 year male working in MNC . Undergoing stressful situation. I identify the Dr through internet-Practol. He spoke to me over the phone. Ask me to do home work before meet. I did it and met him Tambaram training centre. After meeting I learn

What is my creative area to be focused

Feelings should shared to other to manage stress

I got confidence that I can come out of this after my treatment.

Thanks to the Dr. Suderam

Mr raj rattan Infosys

**Verified Patient** 8 months ago

### **Visited For Child and parents coaching**

I recommend the doctor

Happy with: Doctor friendliness

I m mother of a school going child, I mtech in eng am working with a company, my husband is working in an industry, lately we found disobedience and abnormal behaviour in my 6 yrs old son, not listening to us, poor socialization skills and no concentration on study, to improve kids performance my husband located dr sunderam counselor profile through internet,

When we talked to dr sunderam he asked us to mail us what difficulty the child is facing and what parents are expecting from doctor

We did that through what's app, he went through the content and advised as the root cause is improper parenting style of us

Dr sunderam has 20 mnts video counseling with me and my husband

And suggested us to introspect on revising our parenting styles

The following are the education laernings from his video counseling sessions

1 the importance of parenting style

2 the womb training periods

Mother's observation

1 Sir u asked to change the parenting style

2 He didn't accept me as a parent

3 He is hearing all the things not listening

4 frequently mismatch in our thinking style

Father's learning

1. Counseling need for parents not for child.

2. Parenting style needs to change

Our expectations are

Let me forget about me and husband our only aim is to make my kid as normal boy

We learnt our assumption of parenting in not correct

We looked for child counseling, we got an opportunity to relook in to our relationship styles

We r looking forward for parenting counseling session with dr sunderam

Mr and Mrs selvi

chennai

## **Dr. P T Sunderam (PhD)**

Masters in Psychology, BSc - Psychology, PhD - Neuro Linguistic Psychology, MS - Counselling and Psychotherapy

Counselling Psychologist

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Psychologist

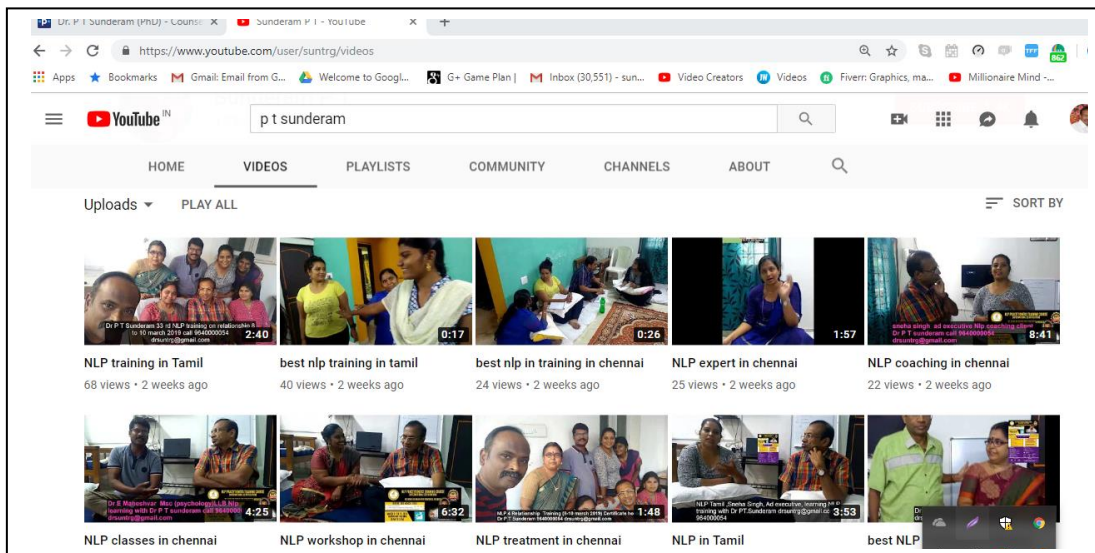
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**22 Years Experience**

Dr. Sunderam is one of the leading NLP specialist in India. He is a post graduate in Counselling & Psychotherapy, he also holds a Ph.D. in neuro-linguistic psychology. He is an expert in life coaching and NLP traianing .Over the past 20 years, he has helped hundreds of his clients discover an abundantly fulfilling and rich meaningful relationship. Dr. Sunderam has worked

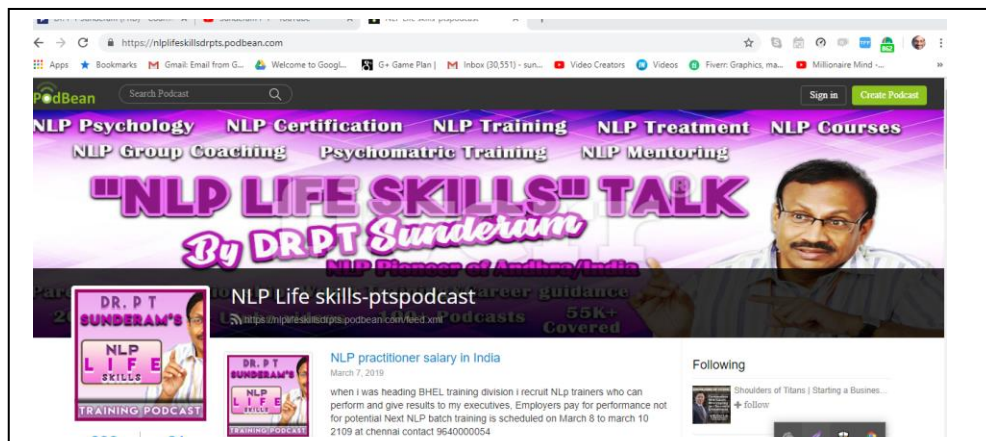
with prisoners in the central jail of Hyderabad. He has treated over thousands of individual and married couples for depression, stress, and emotionally disturbed cases. He success comes from the different school of therapy like NLP, EFT(Emotional Freedom Therapy) TLT(Time Line Therapy) Neuro-Semantics, Silva mind control, Enneagram, Etc. His articles and videos are available in different newspapers and online portals in India. His programs and psychological advice are popular on Indian TV channels. Dr. Sunderam has authored 3 books on counseling in Indian languages. He conducts workshops for couples on a wide range of issues. Dr. Sunderam has pioneered NLP movement in India, He is passionate about coaching and believes that healthy relationships can add meaning and fulfillment to our lives. His goal is to guide individuals and couples as they implement the skills that will allow their relationships to flourish.

( Dr P T sunderam can be contacted at his NLP training centre , cennai 9640000054, [drsuntrg@gmail.com](mailto:drsuntrg@gmail.com))

### 350 Nlp yu tube videos (English/Hinidi/telgu?Tamil)



### MY NLP podcasts



I would like to avail the free online coaching session

( fill the form and email drsuntrg@gmail.com)

1. I'm really excited to connect with you today. Is it all right if I ask you some interesting and meaningful questions about my \_\_\_\_\_ (life, business, health etc)?"

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**2. A quick snapshot of where am i now**

·  
" i Tell a bit about me \_\_\_\_\_ right now."

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3. If i had have everything i want in life in the next 6 months, what would that look and feel like." Draw the details out in full color.

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4. "What would ( achieving this specific dream/goal) mean to me?" "And what else?" "And what else?" "How important would you say this is to you on a scale of 1 – 10?"

Give the number-----

5. "What's stopping me from having this \_\_\_\_\_?"

"And, what else?" "And what else?"

6.

"What has it cost me not having \_\_\_\_\_?" "What impact has that had on me?"

**7. .**

*“If i could overcome \_\_\_\_\_ (specific obstacle mentioned) what would that do for me?” “And what else?”*

**8. Gather the gems.**

*“What have you taken away from our the above learning so far?”*

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**9.1**

*“Are you ready to hear how I can help you achieve \_\_\_\_\_ (their specific dreams and goals)?” .*

**10.**

*“Are you excited? Let’s get started.”* Give them an appropriate first assignment that’s simple and powerful.

Send the above contents , next 24 hrs of receiving the e book/ call me with the above to 9640000054 or [drsuntrg@gmail.com](mailto:drsuntrg@gmail.com), 5 free coaching clients /week( first cum first served basis)